

HYGIENIC DRESSING CHANGE

STEP-BY-STEP

PREPARATION OF DRESSING CHANGE



1 Disinfect work area (disposable gloves). If necessary, cover work area with a liquid-impermeable sterile cover.



2 Hygienic hand disinfection
You are welcome to download the overview poster "Hand disinfection according to EN 1500" from our website



3 Ready all required materials. Place patient and wound in a suitable position.



4 Tie back long hair. Wear a short-sleeved top. For infected wounds, exposed bones/muscles: wear disposable scrub cap, surgical mask.



5 Put on an impermeable, disposable apron; perform hygienic hand disinfection; put on disposable examination gloves.

WOUND AND BANADAGE MANAGEMENT



6 Remove the bandage and gently remove the wound dressing pad. **Hint:** Loosen adherent wound pads by rinsing using ProntoVet® Irrigation Solution.



7 No-Touch technology: Remove the wound filler using sterile forceps or sterile gloves.



8 Check the dressing for color, odor, amount of exudate, wipe off for bacteriological examination if needed, swab wound for culture.



9 Directly discard disposable materials/waste in a liner impervious to liquids.



10 Discard sharps in puncture resistant container with locking lid.



11 Place reusable instruments in the instrument tray immediately after use.



12 Change gloves; perform hygienic hand disinfection.



13 Selective cleansing of the wound using sterile irrigation solution; follow the manufacturer's instructions!



14 Clean aseptic wounds from the inside out, clean septic wounds from the outside in, use one sterile pad/swab per wipe.



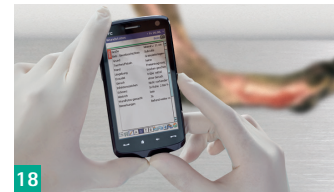
15 Directly discard disposable material/waste in a liner impervious to liquids.



16 Irrigate deep wounds straight from the bottle or with sterile bulb – tip cannula/irrigating catheter.



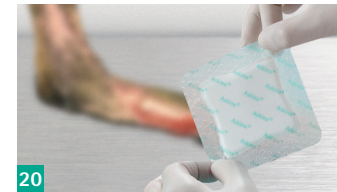
17 Change gloves; perform hygienic hand disinfection.



18 Inspect wound; document wound with photo if necessary.



19 If necessary, protect wound edges/surroundings with sterile barrier film applicators.



20 Apply new bandage.



Examples from the B. Braun product range.



ProntoVet® Irrigation Solution and Wound Gel – Hydrogels containing polyhexanide and betaine.



Askina® Sorb – calcium alginate with CMC (use sterile forceps to insert).



Askina® Foam – non-adherent foam dressing.



Askina® Calgitrol® – calcium alginate with silver (apply straight from the tube, avoiding direct contact).



Askina® DresSil Border – foam dressing with adhesive base.



Askina® SilNet Plus – silicone wound contact layer (in combination with absorbent wound dressing pad).

TERMINATION



21 Dispose of disposables and waste materials; disinfect all point-of-care areas in the vicinity of the patient.



22 Remove and discard of disposable gloves and protective clothing.



23 Perform any other prescribed measures, e.g. skin care and application of a compression bandage.



24 Hygienic hand disinfection



25 Document the change of dressing.



Adjust the time of dressing change according to the condition of the wound and the needs and goals of the patient.



www.bbraun-vetcare.com/woundtherapy

GOOD TO KNOW

- Do not wear any jewelry (e.g. rings or watches).
- Wear special protective clothing if the wound is contaminated with resistant organisms.
- Coordinated procedure, train all professionals involved in patient treatment.
- Always treat septic wounds with the same hygienic diligence as aseptic wounds.
- Keep the dressing change order: Aseptic wounds first, then contaminated wounds, followed by infected wounds. Care for wounds with resistant pathogens last.
- The dressings should be changed by two people (one actually changing, the other assisting) to reduce the risk of contamination of the environment!
- Never touch the wound with bare hands (no-touch technique).
- Provide required materials on the work area/dressing trolley:
 - non sterile materials close to the patient
 - sterile materials away from the patient
- Check the expiration date and integrity of sterile packagings and only open them shortly before use.
- Use non-sterile gloves and sterile instruments or sterile gloves at the wound.
- Keep doors and windows closed and do not perform any other activity in the room.

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