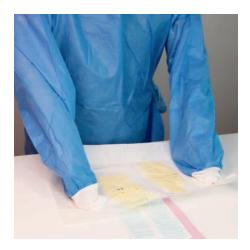






### Closed technique



Make sure the work surface has been disinfected and the gloves have been prepared. When opening the sterile primary packaging, avoid coming into contact with the non-sterile surface.



Position right hand with palm facing up and thumb facing out.



Use the left hand to grasp the right glove, lift it, and place it upside down on the palm (fingers pointing toward the elbow).



Secure the glove cuff with the index and/ or middle finger and the thumb. Grasp the glove cuff with the index finger and thumb of the left hand (which are covered by the sleeve).



Pull the cuff over the hand.



So that it slowly slips into the glove.

### Closed technique



Pull the glove and gown toward the elbow. The hand will slide further out of the sleeve cuff.



Now repeat this process on the other side. Place the left glove on the palm of the left hand with the fingers pointing toward the elbow.



Secure the glove cuff with the left hand and use the right hand to pull the glove over the left hand.

#### Assisted technique



The sterile assistant grasps the glove at the folding point and holds it open. The hand slides into the glove.



The assistant pulls the cuff of the glove over the cuff of the gown.



The assistant then releases the glove.









This procedure is repeated for the other hand.

## Open technique



Make sure the work surface has been disinfected and the gloves are at the ready (secondary packaging opened).



After performing surgical hand disinfection, open the primary packaging.



Avoid contamination of the gloves at all costs



Grasp the folding point of the right glove cuff with the index finger and thumb of the left hand.



Slide the right hand into the glove.



Release the glove cuff at wrist level.

#### Open technique



Slide the fingers of gloved hand between the glove and the cuff and lift the glove.



Slide the left hand into the glove.



Pull the glove over the left hand without allowing the right hand to become contaminated.



Additional information, this poster, and much more can be found at: www.bbraun-vetcare.com/inyourhands

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